

Backpacker's Checklist

Shelter

- Backpack with hip belt
- Troop Tent or Personal Tent (shared)
- Ground Cloth (shared)
- Sleeping Bag with stuff bag and straps
- Sleeping Pad

Eating Gear

- Trail Lunch & Snacks
- Eating Utensils
- Cup
- Bowl or Plate
- Water Bottles (2 Liters – full)

Clothing (avoid cotton)

- Hiking Boots
- Wool Socks
- Shirt (long-sleeve and short-sleeve)
- Pants (long or convertible)
- Hat with brim
- Underwear
- Warm Jacket (fleece or windbreaker)
- Stocking Cap
- Rain Gear (may be a large, heavy-duty trash bag)

Personal

- Toilet Paper
- Camp Trowel (shared)
- Toothbrush
- Comb
- Small Towel / Washcloth
- Campsuds (shared)
- Needle & Thread (shared)

First Aid

- Moleskin
- Bandaids
- Aspirin / Tylenol
- Antiseptic
- Sun Screen
- Insect Repellent
- Chapstick

Essentials

- Flashlight
- Map (get from trip leader)
- Compass
- Whistle
- Matches
- Knife
- Nylon Line (50 feet)
- Garbage Bag

Community Gear (save room for this)

- Patrol Food
- Cooking Equipment
- Stove & Fuel