

	Boy's BACKPACK LIST	(**in addition to what you wear)
___	underwear (1 pr)	**
___	socks & liners (2 pr)	**
___	T shirt (1)	if wear long sleeve shirt
___	pants (1) or shorts as spare	**
___	swim suit	optional
___	sweater or sweatshirt or flannelshirt	warmth layer
___	windbreaker &/or jacket	wind block layer
___	rain gear (jacket, poncho, or plastic bag)	
___	tennies &/or boots	depends on body size
___	knit cap	for warmth
___	hat	for sun
___	pack	
___	sleeping bag	
___	foam sleep pad	
___	tent, poles, stakes	
___	ground cloth	
___	canteen (2ea @ 1 qt)	or 1 qt plus camelback
___	water purification system	iodine, chlorine, or pump
___	flashlight	fairly small
___	spare batteries(1 set)	
___	pocket knife	
___	plastic garbage bags(2 or more)	
___	cup	plastic is best
___	spoon and/or fork	plastic or metal from home is fine
___	plate or bowl	plastic or melmac best
___	matches in waterproof container	
___	first aid kit (band-aids, antiseptic)	
___	any special medicine you need?	
___	lip balm or chap stick	with UV protection
___	sun screen	
___	Insect repellent	"Deet"
___	toothbrush, paste	optional
___	soap	for hands and clothes
___	small towel and/or washcloth	
___	toilet paper	just the tail end of a roll or 10 wraps around your hand
___	brush or comb	optional
___	sun glasses	optional
___	camera	optional
___	Ten essentials	
___	large plastic bag (1-2)	
___	matches	
___	rope (20 ft)	
___	space blanket	
___	whistle	
___	compass	

	sun screen	
	knife	