

Cold Weather Car Camping Check List

Think Dry and Warm! For the Cold Weather Camp Out, be prepared for weather ranging between 10 and 55 degrees. This is best accomplished by wearing layers of clothing that you can either add or remove to stay comfortable.

- > This symbol indicates "10 essentials" items
- + This symbol indicates required items
- * This symbol indicates optional items

Clothing (wear or have packed 1 each unless otherwise indicated):

- +2 underwear optional
- + 2nd pair of long pants * windproof, water resistant outer shell (ski jacket) (if waterproof shell is not breathable)
- + 4 to 6 pairs socks
- + 2 shirts
- + hiking boots or snow boots
- + 2nd pair of shoes
- + gloves
- >light weight outerwear (wool shirt)
- + medium to heavy weight outerwear (polar fleece jacket, down coat) * hat (sun protection, warmth)
- > waterproof outer shell * water resistant long pants (ski pants)
- + thermal underwear or sweat shirt and pants for evening and sleeping substitutions:
- +knit or fleece hat or hood - hood for knit hat

Daytime:

Upper body clothing:

- Inner layer next to skin: non-cotton polyester
- Middle layer: insulating layer (e.g. sweater)
- Outer layer: wind breaker

Lower body clothing:

- Jeans or other long pants, e.g. uniform pants.

Feet: Three layers: (bring several changes)

- Inner layer: non-cotton sox
- Middle: bulk insulation sox
- Outer: rugged shoes/boots

Head and neck: wind resistant, sun resistant

- Skin: sunscreen, lip balm
- Eyes: hat with visor
- Hands: gloves

Nighttime:

Inner layer: Sweats (cotton ok here)

Middle layer: sleeping bag, liner, or extra blanket

Space blanket if you have any doubts about sleeping bag warmth

Knit cap on head

Outer layer: water resistant tent and plastic groundcloth

Sleeping pad (full length or two $\frac{3}{4}$ length overlapped)

Spare batteries

(continued on next page)

Pack and Shelter:

- + duffel bag(s)
- + tent, fly & stakes (one per partners)
- + sleeping bag (with stuff sack) (0-30 degree)
- + sleeping pad
- + tent

optional

- * ground cloth (1 per partner)
- * fanny or day pack
- * sleeping bag liner
- * blanket
- * pillow

Personal

- > Toilet paper
- > Sunscreen
- > Sunglasses/goggles
- + Toothbrush
- + Toothpaste
- + lip balm(spf)
- + medications
- + glasses
- + towel
- + soap

optional

- * deodorant
- * comb

>First Aid Kit:

- + Band Aids
- + antibiotic ointment
- + pain reliever
- * safety pins

General Equipment:

- > 1 liter water bottle
- > matches
- > fire starter
- > space blanket
- > flashlight
- > extra bulb
- > extra batteries
- > pocket knife
- > compass
- > maps (provided)
- > 2 trash bags
- > 50" cord/light rope
- > whistle
- optional
 - * camera & film
 - * cards/games
- * small lantern
- * aluminum chair
- * thermometer
- * watch
- * signal mirror
- * sewing kit
- * book

Eating Utensils:

- Recommended
- Fork, spoon
 - Bowl (plastic)

- plate (plastic)
- cup suitable for hot liquids (plastic)

Food

- >Emergency food
- + trail snacks/candy

To remain in the car for the ride home (optional):

- clean change of clothes
- comfortable shoes and socks
- something to drink and a snack